

Do you need breastfeeding advice?

Come in and see our Lactation Counsellor - Kristy Neutert

Kristy is a mother of four children and has been training to be a lactation consultant since the birth of her fourth child in 2011. She will be undertaking her final exam in April 2016.

Kristy provides antenatal group advice sessions at the practice as well as individual consultations after your baby is born for one on one help and advice.

Get advice on:

- Difficulties with attachment
- Create a breast feeding plan
- Discuss any concerns
- Advice on evidence based best practice
- Meet other mums

Bookings are essential – please call us on 9592 2775 or book at reception.

This is a free service with no cost to you.

Breast pump hire available

medela 



'I found that after each child, there were little things that were forgotten, and I had many nurses tell me "its your fourth, you can probably tell us what to do". This lack of help has prompted me to help as many mothers as possible achieve the dream of being able to breastfeed their baby. Whether its their first or 10th baby, all mums need support.'